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Title: BOOK OF DISCIPLINE

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The ultimate wisdom of  
life may only be reached  
through discipline. It takes  
strength and  
concentration to follow  
the guidelines of discipline.  
Therefore the weak and  
distracted mind will fail.  
The weak and distracted  
mind will not have the  
power to succeed. And  
only that power will take  
thee to the top. But  
there is no room for the  
weak at the top. Only  
the strong mind will find  
a place there.